



PLATE **TO**
POLITICS



VOTE
RUN
LEAD

Celebrating 20 Years: 1997 - 2017



Our mission is to engage women in building an ecological and just food and agricultural system through individual and community power.



WOMEN
FOOD & AG
NETWORK

2018 Annual Conference

PRICE INCREASE OCT. 25

STEPPING INTO ACTION

Changing Foodscapes Through
Individual and Community Power

Nov. 2-3, 2018 | Des Moines, IA

ALEYA FRASER

Keynote



PLATE ^{TO} POLITICS

MOVEMENT LEADER

Intensive

Friday, Nov. 2, 9:30-4:00 - Des Moines



facilitated by



VoteRunLead

scholarships available!



MAPPING ISSUES TO ACTION

Conference Intensive

Friday, Nov. 2, 9:30-4:00 - Des Moines



Facilitated by Pam Sparr,
who facilitated WFAN's
founding meeting 21 years
ago.

Where did Plate to Politics come from?

We share a passion for **supporting women** involved in the healthy food and farming movement. The synergy created by our discussions and what we were hearing from other women we work with gave birth to ***Plate to Politics***, a skills based political leadership program for women in sustainable ag.





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Why Plate to Politics?



Rural Women Underrepresented. Period.

Rural women represent over 30 million Americans, a solid ten percent of the national population, yet you rarely see this important backbone of our nation's heritage championed from the co-op board, to the county commission, to Congress!

Connect with and Strengthen America's Agricultural Roots

From a nation of over ninety percent farmers when American was founded, today less than one percent of Americans claim agriculture as their profession. By championing a new generation of farmers, particularly amongst women, we believe that we can fundamentally shift our food system to healthier, local food options for all.

Women Control much of Household Spending

Especially food dollars. This economic power has the potential to impact swift and permanent food systems change.

Why Plate to Politics?



Leadership training works

Women are asking to learn skills and find networks of other women who will help them pursue their leadership goals. Connecting with other women leaders within and outside your local community can fuel your ambition.

It's Our Time to Lead

Women from all walks of life are passionately concerned about issues of healthy food and farming – many are anxious to do more about it.

Research shows diverse leadership is better leadership.

Why Plate to Politics?

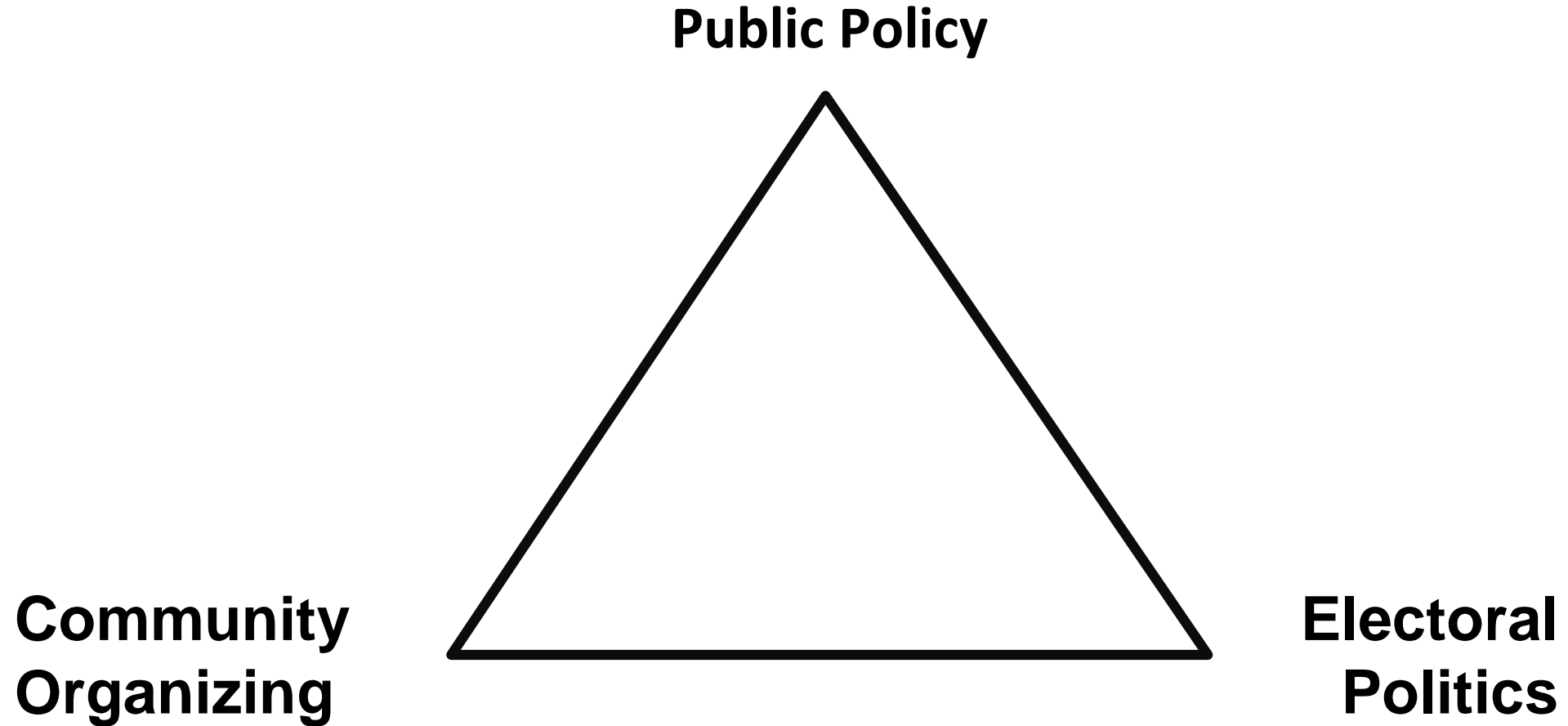


In decision making positions women tend:

- To bring more people to the table.
- Be consequence oriented.
- Reach across party lines.

People are looking to women for solutions to complex problems, *especially* when it comes to food.

*“If we really want to change the way food is produced in this country,
some of us need to run for office” – Leigh Adcock*



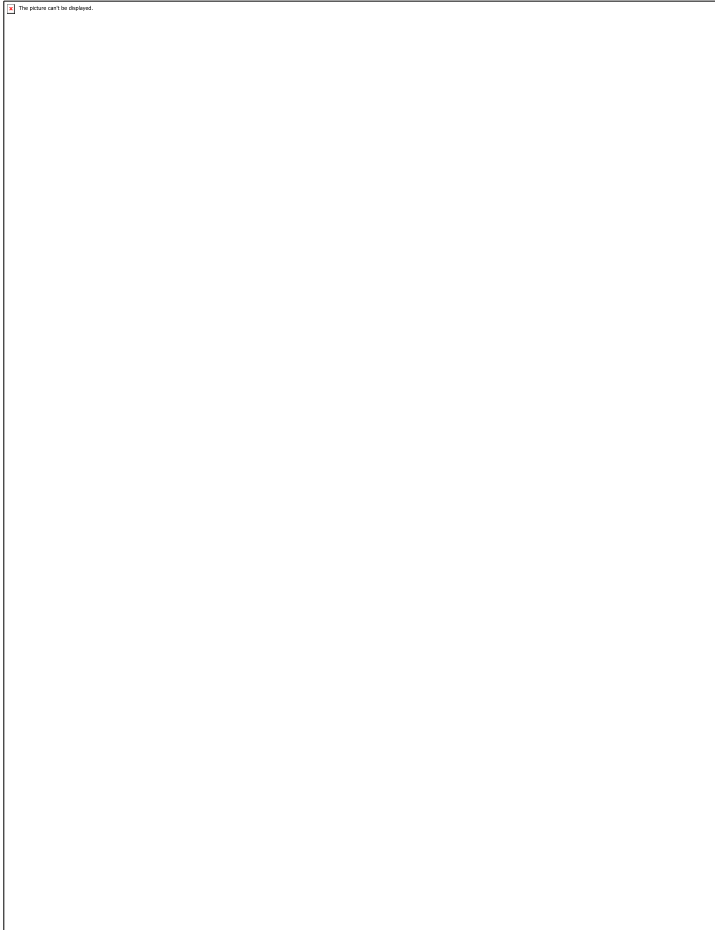
You go out and talk about things that you are deeply passionate about, and guess what? People who are passionate about these issues will come out of the woodwork to talk to you. How else would you get that in normal, everyday life?

Sarah Lloyd
2016 Wisconsin Congressional Candidate





Amanda Edmonds
Ypsilanti Mayor
November 2014-2018



Kathie Dunbar
Lansing City Council
At-Large Council Member